History of memory problems (1)

<u>Memory</u>

Anterograde memory:

- 1. Any problem in remembering telephonic conversations
- 2. Difficulty in remembering last episodes of TV programmes
- 3. Loosing things at home

Retrograde memory

- 1. Can the patient remember family events e.g. weddings, holidays
- 2. Ask about past jobs

Semantic

- 1. Ask the names of the Queen and the PM
- 2. Any word finding difficulties

Language

- 1. Decrease in leisure reading
- 2. Problems with writing

Numerical skills

- 1. Difficulty in using money and shopping alone.
- 2. Any problems in managing of household accounts?

Visuospatial

- 1. Any change in dressing abilities.
- 2. Do you get lost in familiar surroundings?

Visual Perception

- 1. Do you confuse family members or friends?
- 2. Problems with colour recognition

Personality changes

- 1. Decreased motivation
- 2. Easily distracted

History of alcohol abuse & smoking

Family history of dementia and psychiatric illness

Medical history

- 1. History of head injury
- 2. Hypertension
- 3. Diabetes
- 4. Stroke

Social history

History from informant (2)

1. Onset (sudden/gradual) and progression (progressive/stepwise)

- 2. When was the person last themselves?
- 3. Duration of problems
- 4. Any fluctuation/diurnal variation (sun downing)
- 5. Does the patient drive? Any problems?
- 6. Any change in hobbies and interests?
- 7. Ask about social encounters (odd behaviour, able to recognize family & friends)
- 8. Impact on relationships
- 9. Impact on general house hold work like cooking
- 10. Ask about grooming & personal hygiene
- 11. Condition of the accommodation. Is it secure? Does it have a central alarm system?
- 12. What is the level of social support?
- 13. Able to shop and pay bills
- 14. Any wandering behaviour?
- 15. Other risky behaviours (getting lost, leaving gas on or leaving lit cigarettes on couch/table)
- 16. Is the patient irritable/looses temper quickly?
- 17. Ask about change in appetite and sleep
- 18. Psychotic symptoms
- 19. Past psychiatric history
- 20. Current medications and compliance with medications
- 21. Gait problems
- 22. Incontinence or change in bowel habits
- 23. Medical history
- 24. Family history